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WINDSOR MEDICARE EXTRA HOSTS BEHAVIORAL HEALTH SYMPOSIUM IN KNOXVILLE

NASHVILLE, Tenn. – *Windsor Medicare Extra* announced plans to host a behavioral health symposium in Knoxville on April 24, 2008. A diverse panel of participants will meet to discuss emerging trends in treating those with mental health conditions in Tennessee.

The symposium titled, **Integrating Mental Health Services and Physical Health Services** will also address the upcoming changes to the TennCare system. The meeting is scheduled to last from 10 a.m. until 1 p.m. at the Baptist Eye Institute's Bailey Conference Center in Knoxville and is free to participants.

"Traditionally, patients with mental health conditions were treated solely for their mental state by a mental health provider. We are integrating treatment of both the mental and medical health and tracking the outcome of caring for both the body and the mind," said Jay Harrington, Ph.D., vice president of Special Needs Plans for *Windsor Medicare Extra*.

In addition to Harrington, participants will include: Virginia Trotter Betts, Commissioner of the Tennessee Department of Mental Health and Developmental Disabilities; Dennis Freeman, CEO of Knoxville's Cherokee Health Systems; Viston Taylor, president and CEO of Alexian Brothers Community Services and the PACE program of Chattanooga; and Kristy Strain, Special Needs Plans administrator for *Windsor Medicare Extra*.

"Our care model at Cherokee Health Systems blends behavioral health and primary care at the clinical level. This care model has demonstrated effectiveness and is preferred by most people. Similarly, *Windsor Medicare Extra* benefits their Medicare enrollees by blending behavioral health and medical care at the insurance plan level," said Dennis Freeman, Ph.D., CEO of Cherokee Health Systems.

Following the panel presentation, the participants will enjoy lunch and networking among industry leaders. Social workers, medical providers, mental health practitioners, community service leaders and those involved with Medicare beneficiaries are welcomed to call 800-811-8482 today to reserve a seat at this informational luncheon.

For more information about the behavioral symposium, contact Amanda Woodhead at awoodhead@windsorhealthgroup.com or call 615-507-2830.

About Windsor Health Plan

Windsor Health Plan is wholly owned by Windsor Health Group Inc., a Nashville, Tennessee based managed healthcare company operating fully certified, licensed and contracted government sponsored health plans through the Centers for Medicare & Medicaid Services (CMS). Windsor Health Plan offers 11 different plans including *Windsor Rx*, *Windsor Medicare Extra* and *Windsor Medicare Extra Special Care Plans* in 96 counties in Tennessee, Alabama, Mississippi, Arkansas and South Carolina. Windsor also provides specialty managed care services to both the insurance and healthcare provider communities. For more information please visit www.WindsorExtra.com.

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